

New York

Nutrition and Physical Activity Program to Prevent Obesity and Other Chronic Diseases

<p style="text-align: center;">The Epidemic</p> <p>57% of New York State adults are overweight or obese. (CDC BRFSS, 2002)</p> <p>33% of low-income children between two and five years of age in New York State are overweight or at risk for overweight. (CDC PedNSS, 2002)</p> <p>The obesity rate among New York State adults doubled between 1990 and 2002. (CDC BRFSS, 2002)</p>	<p style="text-align: center;">Program Priorities</p> <p>During its first year of funding the New York program is focusing on development of the state plan. The plan development steering committee is made up of</p> <ol style="list-style-type: none"> stakeholders experienced in the development of statewide chronic disease plans; representatives of the coordinated school health coalition; representatives of the breastfeeding coalition; an existing State Department of Health workgroup; experts in nutrition, physical activity, and obesity. <p>Steering committee members participate in workgroups to develop objectives focusing on:</p> <ul style="list-style-type: none"> data on the burden of obesity; vegetable and fruit consumption; physical activity and television viewing; breastfeeding and pregnancy weight gain; dietary practices; obesity awareness. <p>Public forums are planned to obtain input on the draft objectives and strategies.</p>
<p style="text-align: center;">Notable Partners</p> <p>Child and Adult Care Food Program Hunger Prevention & Nutrition Assistance Program Oral Health Surveillance Program Partners for Children New York State WIC Program</p>	<p>Project period: 2003–2008 Year first funded: 2003 Funding stage: Capacity building Contact Person: Mark S. Baptiste, PhD Director, Division of Chronic Disease Prevention and Adult Health New York State Department of Health Telephone: 518-474-0512 Fax: 518-473-2853 E-mail: msbo2@health.state.ny.us</p>
<p style="text-align: center;">Upcoming Events and Products</p> <ul style="list-style-type: none"> ➤ A report on <i>Obesity and Chronic Disease Burdens</i> ➤ A project with the Prevention Research Center at SUNY-Albany School of Public Health to assess retail food outlets and physical activity resources in minority and rural target communities ➤ Pilot interventions to improve access to healthy food choices and physical activity opportunities, in partnership with the Prevention Research Center, SUNY-Albany School of Public Health 	

